



Let's Get Back to Nature!

There have been recently more and more people who realized that health and nature have something to do with each other. Though it has been a well-known fact since the beginning of humanity; modern man and woman have tended to forget about it. Many of us in the western developed world have got used to the fast and convenient meals that fast food places and convenient stores provide thus totally disregarding nutrition and health benefits.

This organic and raw movement has exploded in the last decade in the US and that greatly contributed to the success of health stores that carry everything natural, organic and raw. Most of us here at Sweetylight have been following this nutritional revolution and we are very proud that recently we could become part of it by introducing two amazingly nutritional products: **Sweetylight Yacon Syrup**: The Only Natural Prebiotic Sweetener and **Sweetylight Yacon Tea**: The Ultimate Sugar Reducer Tea. These products are originating in Peru, in the high altitude Andes Mountains where the climate conditions make it possible for the special Yacon plant to grow and be cultivated. This plant's root- that is used for the syrup- is the world's richest natural source for FOS (fructooligosacharide) a special type of fructose that can not be absorbed by the human body. So it means when you are craving for something sweet, you use the **Sweetylight Yacon Syrup** to sweeten your drinks or on foods and you do not get the sugar and the lot of calories in your body. In addition to it, **Sweetylight Yacon Syrup** is organic, raw and vegan and very importantly it is also prebiotic. This latter means that it helps to feed the friendly bacteria in your body that boosts your immune system and helps your digestion. It tastes like molasses or caramel and it is perfect for people with diabetes and people who just want to follow a more nutritional, low calorie diet.

But if you say: No, I got to taste the real sugar in my food", we have a solution for you as well so that you don't have to feel so guilty about the sugar intake.

Sweetylight Yacon Tea: the ultimate **sugar reducer tea** is for you then. It is obtained from the leaves from the same Yacon plant and it is caffeine free, antioxidant and non-glycemic. This amazing tea product helps to reduce your blood's sugar level and also lower your cholesterol. So just drink it after an ice cream or cookie and you kind of balance it out. Is not it great?

Help yourself and your family to better control their weight and waist line. **Try the Sweetylight Yacon products.**

There are plenty more information about Sweetylight products.

Please contact Andrea Alvaro or Peter Mayer for more details or schedule an interview at 1-818-705-9497 or

1-800 YACON -12 or by email at andrea.alvaro@sweetylight.com or peter.mayer@sweetylight.com.



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